

# The Insider's Guide to Health Care

Developed by Harvard Medical School, HealthXcelerate provides a comprehensive and patient-centric understanding of the U.S. health care system to empower professionals and organizations to meet their career and market goals.

# Foundations of the U.S. Health Care System

In this online, self-paced course you will gain an overview of the defining features of the U.S. health care system including structure, financing, and stakeholders. By exploring the origins and implications of employer-sponsored health care, this self-guided curriculum will help you see the challenges and trade-offs of access, cost, and quality. During the course you will also discover how the U.S. system compares to international systems in terms of health outcomes, costs, payment models, and price regulations.

## Learning Objectives

During the Foundations of the U.S. Health Care System course, you will:

- Articulate the main characteristics of the U.S. health care system
- Understand the significant advancements and persistent issues in the U.S. health care system
- Understand the primary resources and distribution of the financial resources
- Compare the health outcomes of U.S. health care with other developed countries
- Learn about the causes and impacts of rising health care costs in the United States

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