



HARVARD MEDICAL SCHOOL

Postgraduate Medical Education

PO Box 825

Boston, MA 02117-0825

<https://learn.hms.harvard.edu/>

Presented in 2026 as a
LIVE STREAMING
CME Program

NEW THIS YEAR

- Expanded workshops
 - Several lectures and workshops are eligible for 6.50 hours of Risk Management Credit
 - KEYNOTE LUNCHEON LECTURE
"Melhuselah's Zoo: What Nature Can Teach Us About Living Longer, Healthier Lives"
Steven N. Austad
 - Workshop devoted to key exercises for the elderly
 - Program will be a "Live Stream" Event
 - \$100.00 EARLY BIRD
- DISCOUNT AVAILABLE for those registering on or before
DECEMBER 19, 2025

Review of Geriatric Medicine ■ February 27 - March 3, 2026 ■ LIVE STREAM

[HTTPS://LEARN.HMS.HARVARD.EDU/PROGRAMS/ANNUAL-REVIEW-GERIATRIC-MEDICINE](https://learn.hms.harvard.edu/programs/annual-review-geriatric-medicine)



42nd Annual Review of Geriatric Medicine 2026



Friday, February 27 - Tuesday, March 3

Course Directors

J. Michael Gaziano, MD, MPH

Medha Munshi, MD

Lewis A. Lipsitz, MD

Suzanne Salamon, MD

Course Manager

Elizabeth A. Grant



BETH ISRAEL DEACONESS MEDICAL CENTER

Department of Medicine

Accredited by

HARVARD MEDICAL SCHOOL

Presented in 2026 as a
LIVE STREAMING
CME Program

This five-day course provides an authoritative update on the specialized clinical management of older adults.

The focus is on common clinical problems encountered in primary care practice. The program incorporates the knowledge and skills of many disciplines needed for effective management of medical, neurological and psychiatric illness in the older adult. Lectures are complimented by small group workshop sessions that emphasize practical approaches to complex problems of a geriatric population in a variety of settings, including office practices, hospitals and nursing homes. Target audience includes all medical professionals seeking training in the care of an older population.

Target Audience:

Nurses, Nurse Practitioners, Primary Care Physicians, Pharmacists, Specialty Physicians, Physician Assistants, Psychologists

EDUCATIONAL OBJECTIVES

Upon completion of this course, participants will be able to:

- Evaluate palliative care and its role in caring for older adults at end of life.
- Identify opportunities to engage patients in advanced care planning.
- Determine which patients are eligible for hospice benefits.
- Develop appropriate strategies to manage pain in older adults.
- Recognize the altered presentation of common illnesses in older adults.
- Determine the etiologic factors contributing to the most commonly encountered geriatric syndromes.
- Review the principles of appropriate and effective prescribing in older adults.
- Differentiate between the effects of aging and disease.
- Apply new strategies to manage common medical problems in older adults, such as COPD, pain, infection and osteoarthritis.

This five-day course provides an authoritative update on the specialized clinical management of elderly patients.

2026 FACULTY

Steven Atlas, MD, MPH

Associate Professor of Medicine, Harvard Medical School; ; Dir., Practice-Based Research & Quality Improvement Network, General Medicine Div., Mass General Hospital

Steven Austad, MD

Distinguished Professor, Protective Life Endowed Ch. In Healthy Aging Research; Co-Director, Nathan Shock Ctr of Exc. In Basic Biology, Uof Alabama

Fadi Badlissi, MD, MSc

Assistant Professor of Medicine; Harvard Medical School; Director, Musculoskeletal Medicine Unit, Orthopedic Dept. and Rheumatology Div., Beth Israel Deaconess Medical Center

Kenneth Bauer, MD, MPH

Professor of Medicine, Harvard Medical School; Harvard Medical Faculty Physician, Beth Israel Deaconess Medical Center

Sarah Berry, MD, MPH

Associate Professor of Medicine, Harvard Medical School; Chief, Div. of Gerontology, Beth Israel Deaconess Medical Center

Anand Bery, MD

Clinical Instructor in Medicine, Harvard Medical School; Attending Neurologist, MEEI

Robert Cohen, MD, MSc

Associate Professor of Medicine, Harvard Medical School; Attending Nephrologist, Beth Israel Deaconess Medical Center

Anthony Cukras, MD

Assistant Professor, Harvard Combined Dermatology Programs, Harvard Medical School; Attending Dermatologist, Beth Israel Deaconess Medical Center

Charles A. Czeisler, MD, PhD

Frank Baldino Professor of Sleep Medicine, Brigham and Women's Hospital; Baldino Professor of Sleep Medicine, Harvard Medical School; Faculty of Arts & Sciences; Dir., Div. of Sleep Med; Ch. Div. of Sleep and Circadian Disorders, Brigham and Women's Hospital

Jennifer Dearborn-Tomazo, MD

Assistant Professor of Neurology, Harvard Medical School; Beth Israel Deaconess Medical Center

Catherine E. DuBeau, MD

Professor of Medicine, Tufts U. School of Medicine; Section for Geriatrics, MaineHealth Maine Medical Center, Portland, ME

Ward Finkweiler, MD

Physician, Beetham Eye Institute, Joslin Diabetes Center, Boston

Eric Garshick, MD, MOH

Professor of Medicine, Harvard Medical School; Channing Div. of Network Med., Brigham and Women's Hospital, Associate Chief, VA Boston Pulmonary & Critical Care Med Section, VABHCS

J. Michael Gaziano, MD, MPH

Professor of Medicine, Harvard Medical School; Chief Division of Aging, Brigham and Women's Hospital

Eli Gelfand, MD, FACC

Assistant Professor of Medicine, Harvard Medical School Section Chief, General Cardiology, Beth Israel Deaconess Medical Center

Jerry Gurwitz, MD

The Dr. John Meyers Professor of Primary Care Medicine; Professor of Med., Family Med. And Community Health & Quantitative Health Sciences; Ch., Div. of Geri Med., Exec Dir., Meyers Primary Care Inst. Uof MASS, Med. School, Worcester, MA

Pamela Hartzband, MD, FACP, ECNU

Associate Professor of Medicine, Harvard Medical School; Medical Director, Thyroid Nodule Clinic, Div. of Endocrinology and Metabolism, Beth Israel Deaconess Medical Center

Houman Javedan, MD

Assistant Professor of Medicine, Harvard Medical School; Dir., Preoperative Pathways, Center for Geriatric Med., Surgery, Assoc. Prgrm Dir., Harvard Multicampus Geri. Med. Fellowship Prgrm., Brigham and Women's Hospital

Joseph P. Kannam, MD, FACS

Assistant Professor of Medicine, Harvard Medical School; Ch. Cardiology Div., Program Dir., Cardiovascular Fellowship, Beth Israel Deaconess Medical Center

Douglas P. Kiel, MD, MPH

Professor of Medicine, Harvard Medical School; Musculoskeletal Research Center, Hebrew SeniorLife, Boston

Dae Hyun Kim, MD, MPH, ScD

Assistant Professor of Medicine, Harvard Medical School; Division of Gerontology, Dept. of Medicine, Beth Israel Deaconess Medical Center

Mary LaSalvia, MD

Assistant Professor of Medicine, Harvard Medical School; Assoc. Ch. Med. Office, Ambu. Faculty, Div. of Inf. Dis., Beth Israel Deaconess Medical Center

Julia Loewenthal, MD

Assistant Professor of Medicine Harvard Medical School; Associate Physician, Division of Aging, Brigham and Women's Hospital

Lewis A. Lipsitz, MD

Professor of Medicine, Harvard Medical School; Ch. Academic Officer, Hindu and Arthur Marcus Institute, Hebrew SeniorLife; Editor in Chief, J. of Gerontology Med. Sciences

Brooke Lubinski, MD

Instructor of Medicine, HMS; Director of Resident Geriatric Education, Div. of Gerontology, Beth Israel Deaconess Medical Center

Melissa Mattison, MD

Associate Professor of Medicine, Chief, Hospital Medicine, Harvard Medical School

Eran Metzger, MD

Assistant Professor of Psychiatry, Harvard Medical School; Director of Geropsychiatry, Hebrew SeniorLife

Devyani Misra, MD

Assistant Professor of Medicine, Harvard Medical School; HMFP Faculty, Beth Israel Deaconess Medical Center

Medha Munshi, MD

Professor of Medicine, Harvard Medical School; Director, Joslin Geriatric Diabetes Program, Beth Israel Deaconess Medical Center

Nikhil Munshi, MD

Professor of Medicine, Harvard Medical School; Director, Joslin Geriatric Diabetes Programs, Beth Israel Deaconess Medical Center

Susan Nathan, MD

Instructor in Medicine, Harvard Medical School; Staff Physician, Brigham and Women's Hospital; Geriatrics & Palliative Care, VABHCS

Ariela Orkaby, MD, MPH

Assistant Professor of Medicine, Harvard Medical School; Assoc. Epidemiologist, Div. of Aging, Geriatrics and Preventive Cardiology; Brigham and Women's Hospital

Daniel Press, MD

Associate Professor of Neurology, Harvard Medical School; Dept. of Neurology; Harvard Medical Faculty Physicians, Beth Israel Deaconess Medical Center

Madhuri Reddy, MD, MSPH

Instructor in Medicine, Harvard Medical School; Director, Wound Healing Program, Hebrew SeniorLife Center; Div. of Gerontology, Beth Israel Deaconess Medical Center

Christine Ritchie, MD, MSPH

Professor of Medicine, Harvard Medical School; Kenneth L. Minaker Chair in Geriatrics & Dir., Research for the Div. of Palliative Care & Geri. Med., Mass General Hospital

Suzanne E. Salamon, MD

Assistant Professor of Medicine, Harvard Medical School; Associate Chief, Clinical Programs, Beth Israel Deaconess Medical Center

Robert Schreiber, MD

Clinical Assistant Professor of Medicine, Harvard Medical School; Vice-President & National Medical Director, myPlace Health, Long Beach, CA

Andrea Schwartz, MD, MPH

Assistant Professor of Medicine, Harvard Medical School; Asst. Prof. of Epidemiology, Harvard T.H. Chan School of Public Health; Div. of Geriatrics & Palliative Care, NEGRECC, VABHCS

David K. Simon, MD, PhD

Professor of Neurology, Harvard Medical School & Beth Israel Deaconess Medical Center; Director, Parkinson's Disease & Movement Disorders Center, and Nat'l Foundation Center of Excellence Parkinson's Disease Center, Beth Israel Deaconess Medical Center

Lara Michal Skarf, MD

Assistant Professor of Medicine, Harvard Medical School; Director, Palliative Care Program, VABHCS

Gary Trey, MD

Clinical Assistant Professor of Medicine, Tufts U School of Medicine

Ipsit Vahia, MD

Assistant Professor of Psychiatry, Harvard Medical School; Chief, Geriatric Psychiatry Service, McLean Hospital

Mark Wyers, MD

Associate Professor of Medicine, Harvard Medical School; Co-Director, Beth Israel Deaconess Medical Center Limb Preservation Center; Program Director, & Vascular Surgery Fellowship and Residency Program

Peter Zimetbaum, MD

Professor of Medicine, Harvard Medical School; Richard A & Susan F Smith Prof. of Med. In Field of Cardiovasc. Med.; Assoc. Ch., Div. of Cardiovascular Med. Beth Israel Deaconess Medical Center

FRIDAY, FEBRUARY 27, 2026

8:00 - 8:05	Welcome	
8:05 - 9:00	Update in Geriatrics	S. Salamon
SESSION A - REDUCING CARDIOVASCULAR RISK		
9:00 - 9:45	Prevention Made Ridiculously Easy	J.M. Gaziano
9:45 - 10:30	Dyslipidemia	A. Orkaby
10:30 - 10:45	Break	
10:45 - 11:30	Evaluation & Management of Arrhythmias	P. Zimetbaum
11:30 - 12:15	Diabetes Management Made Simple	M. Munshi
12:15 - 1:15	Lunch Break	
SESSION B - CARDIOVASCULAR PROBLEMS		
1:15 - 2:00	Hypertension.	L. Lipsitz
2:00 - 2:45	Chronic Heart Failure in Older Adults	E. Gelfand
2:45 - 3:30	Coronary Artery Disease.	J. Kannam
3:30 - 3:45	Break	
3:45 - 4:30	Strokes and Transient Ischemic Attacks.	J. Dearborn-Tomazos
4:30 - 5:15	Diagnosis & Management of Peripheral Artery Disease	M. Wyers
5:15	Day Adjourns	

SATURDAY, FEBRUARY 28, 2026

SESSION C - MUSCULOSKELETAL CONDITIONS

8:00 - 8:45	Osteoporosis	D. Kiel
8:45 - 9:30	Osteoarthritis - Recognition and Management	D. Misra
9:30 - 9:45	Break	
9:45 - 10:30	Challenging Cases in Rheumatology	D. Misra
10:30 - 11:15	Management of Spinal Stenosis	S. Atlas
11:15 - 12:15	Lunch Break	

SESSION D - GERIATRIC DISEASES AND SYSTEMS

12:15 - 1:00	Sleep Problems in the Older Adult	C. Czeisler
1:00 - 2:00	Clinical Aspects of Infectious Diseases in Older Adults	M. LaSalvia
2:00 - 2:15	Break	
2:15 - 3:00	COPD	E. Garshick
3:00 - 3:15	Break	

3:15 - 4:30 CLINICAL WORKSHOPS A

A.	Mind and Body Therapies for Healthy Aging	J. Loewenthal
B.	**Blood Pressure Management in Older Adults	L. Lipsitz
C.	The Nuts and Bolts of Treatment for Diabetes in the Older Adults	M. Munshi
D.	Approach to Vertigo and Imbalance in Older Adults	A. Bery
E.	Frailty in Older Adults: From Assessment to Action	D. Hyun Kim
4:30	Day Adjourns	

PLEASE NOTE: *CLINICAL WORKSHOP SIGN UP REQUIREMENTS - ALL participants MUST SIGN UP ON OUR COURSE WEBSITE (<https://learn.hms.harvard.edu/programs/annual-review-geriatric-medicine>) to attend ONE workshop in each workshop session on Saturday afternoon (for a total of two workshops) and ONE workshop in each workshop session on Monday afternoon (for a total of two workshops). If you do not sign up for any of the workshops being offered yourself, you will be assigned to workshops by the Course staff based on number of attendees in each workshop."*

SUNDAY, MARCH 1, 2026

SESSION E - PREVENTION AND RISK REDUCTION

8:00 - 8:45	Health Screening	R. Schreiber
8:45 - 9:30	Perioperative Assessment and Treatment of the Older Adult	H. Javedan
9:30 - 9:45	Break	
9:45 - 10:30	**Falls	S. Berry
10:30 - 11:15	Pain Management in the Older Adult.	L. Skarf

SUNDAY, MARCH 1, 2026 (cont.)

11:15 - 12:00	**Pressure Injury	M. Reddy
12:00 - 1:00	Lunch Break	
SESSION F - GERIATRIC SYNDROMES		
1:00 - 1:45	Aging Skin	A. Cukras
1:45 - 2:30	Urinary Incontinence	C. DuBeau
2:30 - 2:45	Break	
2:45 - 3:30	Prostate Cancer & Benign Prostatic Hypertrophy	C. DuBeau
3:30 - 4:15	Kidney Disease	R. Cohen
4:15 - 5:00	GI Issues in Older Adults	G. Trey
5:00 - 5:45	Common Thyroid Problems	P. Hartzband
5:45	Day Adjourns	

MONDAY, MARCH 2, 2026

SESSION G - DEMENTIA, DEPRESSION, DELIRIUM

8:30 - 9:15	Diagnosis of Dementia	D. Press
9:15 - 10:00	Treatment of Dementia	D. Press
10:00 - 10:15	Break	
10:15 - 11:00	Delirium	M. Mattison
11:00 - 11:45	Late Life Psychosis	E. Metzger
11:45 - 12:30	Depression	I. Vahia
12:30 - 12:45	Lunch Break	
12:45 - 1:45	**KEYNOTE LUNCHEON LECTURE: Methuselah's Zoo: What Nature Can Teach Us About Living Longer, Healthier Lives	S. Austad

SESSION H - IMPORTANT GERIATRIC ISSUES

1:45 - 2:30	Women's Health Issues	S. Salamon
2:30 - 3:15	Parkinson's Disease	D. Simon
3:15 - 3:30	Break	

3:30 - 5:00 CLINICAL WORKSHOPS

A. **Advanced Care Planning for the Older Adult:		
	How to Have the Conversation	L. M. Skarf, S. Nathan
B. **Problems in Geriatric Psychiatry		
		E. Metzger
C. Cognitive Testing for the PCP		
		B. Lubinski
D. Putting It All Together: The Toe to head Geriatric Assessment . . .		
		A. Schwartz
E. Diet and Exercise.		
		J. M. Gaziano, A. Orkaby
5:00	Day Adjourns	

TUESDAY, MARCH 3, 2026

SESSION I - END OF LIFE CARE

8:00 - 8:45	Care of the Care Partner of a Person Living with Dementia: A Critical Part of Dementia Care	C. Ritchie
8:45 - 9:30	Drug Therapy	J. Gurwitz
9:30 - 9:45	Break	

SESSION J - SENSORY FUNCTION

9:45 - 10:30	The Aging Eye: Clinical Overview of Common Eye Conditions in Older Adults	W. Fickweiler
--------------	--	---------------

SESSION K - HEMATOLOGICAL ISSUES

10:30 - 11:15	**Challenges of Anti-Coagulation in Older Adults	K. Bauer
11:15 - 11:30	Break	
11:30 - 12:15	Common Hematological Malignancies in Older Adults	N. Munshi
12:15 - 1:00	Hematology 101 for the Geriatrician	K. Bauer
1:00	Course Adjourns	

Please Note: Program changes/substitutions may be made without notice.

** Meets criteria for Risk Management Study in Massachusetts

To register or view course information online

<https://learn.hms.harvard.edu/programs/annual-review-geriatric-medicine>

ACCREDITATION

Accreditation Council for Continuing Medical Education (ACCME)

In support of improving patient care, Harvard Medical School is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Harvard Medical School designates this live activity for a maximum of 35.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending

American Board of Internal Medicine (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 35.00 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Risk Management

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 5.75 credits of Risk Management Study. This includes: 0.75 credit(s) of Opioid Education and Pain Management Training and 1.50 of End-of-Life Care Education. Please check your individual state licensing board requirements before claiming these credits.

American Board of Post-Acute and Long-Term Medicine (ABPLM)

This CME activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 35.50 clinical hours and 2 management hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

American Geriatric Society (AGS) Healthcare Professionals

This CME activity is endorsed by the American Geriatrics Society. Credits earned from this activity may be counted toward the AGS Geriatrics Recognition Award.

Canadian Accreditation

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

European Accreditation

The American Medical Association (AMA) has an agreement of mutual recognition of continuing medical education (CME) credit with the European Union of Medical Specialties (UEMS). Additional information regarding this agreement may be found on the **European Union of Medical Specialties** website.

GENERAL INFORMATION

Registration Information

- Physicians - \$1,075.00
Early Registration Price - \$975.00
- Residents/Fellows - \$975.00
Early Registration Price - \$875.00
- Physician Assistant, Social Worker, Psychologist, Nurse (RN/APRN), Allied Health Professional / Other - \$975.00
Early Registration Price - \$875.00
Reduce price applies to those registering by DECEMBER 19, 2025

* *Tuition includes electronic syllabus.*

Payment by credit card (VISA, MasterCard or American Express) can be made at <https://learn.hms.harvard.edu/programs/annual-review-geriatric-medicine>. At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration. All fees shown in USD. ***Telephone or fax registration is not accepted. Registration with cash payment is not permitted.*** Upon receipt of your paid registration, you will receive an email confirmation. Be sure to include an email address that you check frequently. Your email address is used for critical information including: registration confirmation, evaluation and certificate.

Inquiries

Our team is available to answer your questions and support you throughout the registration process. Contact learn@hms.harvard.edu.

Disclosure Policy

In accord with the disclosure policy of the Medical School as well as standards set forth by the Accreditation Council for Continuing Medical Education (ACCME), course planners, speakers, and content reviewers have been asked to disclose any relationships they have to companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. In addition, faculty have been asked to list any off-label uses of pharmaceuticals and/or devices for investigational or non-FDA approved purposes that they plan to discuss.

Disclaimer

CME activities accredited by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgement before making clinical decisions of any kind. Note: *AMA PRA Category 1 Credit™* is calculated based on submission of a preliminary agenda and may be subject to change.

Refund Policy

Please review the cancellation policy here:
<https://learn.hms.harvard.edu/learner-policies#Financial>